

“BLUEPRINT FOR SUCCESS” (One-day Highly Interactive Training Program)



*Learn to Develop Self-Confidence and
Break Self Defeating Barriers
for Unleashing the Potential !*

Facilitator: Mr. Prasad R. Kamat
Motivational Speaker & Corporate Trainer

SF/01, Navelkar Arcade,
Above T&A, Dr. A. Borkar Road,
Panaji-Goa 403 001
(M) 9822124291/9822386638 (O) 0832-2421618

PERSPECTIVE

“People who are unable to motivate themselves must be content with mediocrity, no matter how impressive their other talents”

-- Andrew Carnegie

Are you motivated to achieve what you really want in personal and professional life? And how hard do you push yourself to get things done?

Wanting to do something and motivating yourself to actually do it are two different things. So, what's the difference between those who never reach their goals, year after year, and those who achieve one goal after another? Often, it's their self-motivation. Power of positive thinking and self believing plays a crucial role.

Self-motivation is the force that keeps pushing us to go on – it's our internal drive to achieve, produce, develop and keep moving forward. When you think you are ready to quit something, or you just don't know how to start, your self-motivation is what pushes you to go on.

With self-motivation, you will learn and grow – regardless of the specific situation. That's why it's such a fundamental tool for reaching your goals, achieving your dreams, and succeeding in personal and professional life.

METHODOLOGY

Judicious mix of PowerPoint presentation, group discussion, video clipping and experiential learning activities.

OBJECTIVES

- Recognize influence of attitude in every action one does
- Apply various techniques to develop positive attitude
- To understand the concept of “Success”
- To learn about time-honored principles of Success

CONTENT

- Self-Awareness
- Boost your Self-Esteem and Confidence
- Power of Self Belief
- Attitude for Altitude
- 3 Ps to 3 Cs – A tool kit for building Positive Attitude
- Essence of Synergy
- What is Success
- The four great Ps of Success

PRASAD R. KAMAT

B.A., LL.B., D.L.W., M.P.M.

Prasad is a motivational speaker and leadership coach. He has over 25 years of work experience at senior levels, in the field of Human Resource Management and Training, with Tata Group of Companies. He has undergone an intensive training in advanced skills for professional trainer at Tata Management Training Centre, Pune. People management and training delivery are his forte.

He was a guest faculty at Goa Institute of Management Studies, Goa University and School of Business Management at Belgaum.

As an accomplished Corporate Trainer, his focus areas include Communication Skills, Presentation Skills, Emotional Intelligence, Interpersonal Skills, Leadership Skills, Team Building, Time Management, Motivation, Self-Development, Change Management and Creativity & Innovation.

Contact Persons

Ayomi Pereira / Ria Fernandes

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